GHANA TRACHOMA CONTROL PROGRAMME
LET'S BE TRACHOMA FREE

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Trachoma is one of the eye diseases that leads to blindness
Trachoma causes red itchy eyes with discharges.

Trachoma is caused by invisible germs.
Trachoma is transmitted through

- Fingers with trachoma germ
- Flies containing trachoma germ
- Contaminated cloth with trachoma
To prevent trachoma germ, wash face when dirty or twice a day.

Small amount of water is enough to wash the face
Main problems are

- Child is defecating free range
- Unclean compound breed flies
- Unclean kraal
To prevent flies from breeding and spreading trachoma germ, we need to

- Clean area around compound and community
- Bury faeces or use latrine
- Create a place to dispose and burn refuse
- Keep kraal clean all the time
To prevent flies from breeding and spreading trachoma germ, we need to

♦ Sweep our compound and community

♦ Dig pit to burn refuse

♦ Create soak-away
To prevent flies from breeding and spreading trachoma, use a latrine

Keep your latrines clean and covered to prevent flies from breeding
To prevent trachoma germ from spreading from one person to the other, do not use contaminated cloth with trachoma germ to wipe eyes.

Wash cloth after use.
Repeated infection by trachoma causes eyelashes to rub on the eyeballs.

This is called trichiasis. Trichiasis causes pain and blurred visions.

If trichiasis is not treated, it leads to blindness.
If you have red itchy eyes with discharge, ask a health worker for treatment or go to the nearest clinic.

If trachoma is not treated, it leads to trichiasis.
Trichiasis surgery will make you regain your sight.

Trichiasis surgery is available at the health center; ask your community health worker about it.

Untreated trichiasis leads to irreversible blindness

Trichiasis surgery is free