How Might We Help Georgia Families with Young Children Thrive?

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The findings and conclusions in this report are those of the author and do not necessarily represent the official position of the Centers for Disease Control and Prevention.
An Over-Simplified System Map

All young children

Young children exhibiting impairment
An Over-Simplified System Map

- All young children
  - Young children exhibiting *impairment*
    - Diagnosed children
An Over-Simplified System Map

- All young children
- Young children exhibiting impairment
- Diagnosed children

Children (and families) in evidence-based treatment
An Over-Simplified System Map

- All young children
  - Young children exhibiting impairment
  - Diagnosed children
  - Children (and families) in evidence-based treatment
  - Children in families using effective skills
An Over-Simplified System Map

- All young children
  - Young children exhibiting *impairment*
  - Diagnosed children
  - Children (and families) in evidence-based treatment
  - Children in families *using effective skills*
  - Thriving children and families
All young children

Young children exhibiting impairment

Diagnosed children

Children in families using effective skills

Children (and families) in evidence-based treatment

Supportive environments and policies

Thriving children and families
Helping Georgia Families with Young Children Thrive

All young children

Young children exhibiting impairment

Diagnosed children

Children (and families) in evidence-based treatment

Children in families using effective skills

Thriving children and families
Children in families using effective skills

Thriving children and families

Evidence base

Children (and families) in evidence-based treatment

Young children exhibiting impairment

Diagnosed children

All young children
Children (and families) in evidence-based treatment

Children in families using effective skills

Implementation fidelity
Treatment adherence

All young children

Young children exhibiting impairment

Diagnosed children

Thriving children and families
Connect more families to existing EBT
Increase the number of families seeking EBT
Provide EBT in more locations
Increase the number of EBT providers
Incentivize EBT over non-EBT

**All young children**

**Young children exhibiting impairment**

**Diagnosed children**

**Children in families using effective skills**

**Thriving children and families**

**Children (and families) in evidence-based treatment**
Getting More Children and Families into Evidence-Based Treatment (EBT)

1. Connect more families to existing EBT
   - Provider registries
   - Care coordinators/health navigators
   - System of care
   - Group-delivered treatment

2. Increase the number of families seeking EBT
   - Reduce stigma/raise awareness of benefits of EBT
   - Raise awareness among referring physicians
   - Medication-related (e.g., prior authorization) policies
Getting More Children and Families into Evidence-Based Treatment (EBT)

3. Provide EBT in more locations
   - Telemental health (remotely delivered EBT)
   - School-based health centers
   - Schools as underutilized facilities
   - EBT integrated into primary care (co-location)
   - Federally Qualified Health Centers
   - Parents’ workplaces
Getting More Children and Families into Evidence-Based Treatment (EBT)

4. **Increase the number of EBT providers**
   - Increase number or geographic spread of licensed providers
   - Enhanced services from primary care (e.g., Project ECHO, consultation)
   - Lower-intensity EBT by other early childhood professionals
   - Peer-provider models

5. **Incentivize EBT over non-EBT**
   - Preferred provider lists
   - Value-based payment systems
All young children

Connect more families to existing EBT
Increase the number of families seeking EBT
Provide EBT in more locations
Increase the number of EBT providers
Incentivize EBT over non-EBT

Diagnosed children

Children in families using effective skills

Children in evidence-based treatment

Young children exhibiting impairment

Thriving children and families
All young children

Children (and families) in evidence-based treatment

Children in families using effective skills

Thriving children and families

Young children exhibiting impairment

Prevention
Helping Georgia Families with Young Children Thrive

All young children

- Connect more families to existing EBT
- Increase the number of families seeking EBT
- Provide EBT in more locations
- Increase the number of EBT providers
- Incentivize EBT over non-EBT

Young children exhibiting impairment

Screening and diagnosis

Diagnosed children

- Children in families using effective skills
- Children in evidence-based treatment

Implementation fidelity

Treatment adherence

Evidence base

Thriving children and families

Prevention

Incentivize EBT over non-EBT
How Can I Learn More?

- **MMWRs on MBDDs**
  - [https://www.cdc.gov/mmwr/volumes/65/wr/mm6509a1.htm](https://www.cdc.gov/mmwr/volumes/65/wr/mm6509a1.htm)
  - [https://www.cdc.gov/mmwr/volumes/66/ss/pdfs/ss6608.pdf](https://www.cdc.gov/mmwr/volumes/66/ss/pdfs/ss6608.pdf)

- **New England Journal of Medicine Perspective**

- **CDC-sponsored Milbank report**

- **Psychosocial treatment for disruptive behaviors**

- **CDC policy brief**
  - [https://www.cdc.gov/ruralhealth/docs/Rural_Childrens_Mental_Brief.pdf](https://www.cdc.gov/ruralhealth/docs/Rural_Childrens_Mental_Brief.pdf)
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Questions or Comments?

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