Models of School-based Mental Health in Georgia
Susan McLaren, MPH, FACHE
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Georgia Health Policy Center Conceptual Framework

Research

Evaluation

Programs

Health

Translation

Implementation

Policy
Potential Benefits of SBMH

- School attendance
- Academic performance
- Engagement in academic related activities
- School climate
- Access to mental health services

- Discipline referrals
- Course failures
- Inpatient hospitalizations
- Classroom disruptions
- Mental health stigma
Framework for SBMH Services

- **Intensive Intervention** (3-5%)
  - MH Providers

- **Early Intervention** (7-10%)
  - Counselors, Social Workers, MH Providers

- **Universal Prevention** (85-90%)
  - All School Staff
Select Models of SBMH in Georgia

- GNETS Pilot
- ARC Framework
- Apex
- SOC State Plan
### South Metro GNETS High Fidelity Wraparound (HFW) Pilot

#### Trauma Informed School Environment

**Tier 1**
- Includes universal screening of students, monitoring of key student indicators
- Staff trained in PBIS, trauma informed care and practices, and social emotional learning (SEL) strategies to support student achievement.

#### Trauma-informed SBMH Services

**Tiers 2 & 3**
- Tier 2: includes SEL supports and group sessions guided by a behavioral health professional. Referrals made to community providers as needed.
- Tier 3: includes individualized SEL supports with behavioral health team. Youth are referred by school social workers for HFW.
- HFW services provided by care coordinator and peer support specialist/mentor. Wrap student and family with additional services

#### Monitoring & Evaluation of HFW

- Fidelity monitoring of HFW services
- Longitudinal study
  - Caregiver and student satisfaction
  - Education outcomes
  - Socio-emotional outcomes
# Project 180*: ARC Program

## Mental Health Workforce Development
- Ongoing trauma-focused training and supervision
- Trauma-informed system/agency wide implementation
- ARC Learning Collaborative

## Trauma Informed School Environment
- Trauma-focused trainings for educators and school administrators
- Systematic implementation of ARC and trauma-informed practices school wide
- Caregiver and Youth Advisory Boards

## School-Based Trauma-Informed Mental Health Services
- Individual therapeutic services
- Clinical measures individual outcomes
- Group work and supports (students/teachers)

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*SAMHSA Funded
<table>
<thead>
<tr>
<th>Goal 1: Increase Access to SBMH Services</th>
<th>Goal 2: Support Early Screening and Detection</th>
<th>Goal 3: Increase Sustained Community Partnerships</th>
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<tbody>
<tr>
<td>• 31 community behavioral health providers participating in Apex</td>
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<td>• More than doubled the average number of students served / month</td>
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<td>• 944 Year 1</td>
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<tr>
<td>• 1,937 Year 2</td>
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<td>• ~84% of services were provided in schools on average across years 1 &amp; 2</td>
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<td>• 2,822 students who had not previously received mental health services</td>
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<td>• 235 average number of first-time students served each month</td>
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<td>• 57% increase in the number school partners</td>
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<td>• 136 year 1</td>
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<td>• 214 year 2</td>
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<td>• 92% retention among provider and school partners</td>
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*DBHDD Funded
Georgia Apex Program
Additional Measures

**Student Functioning**
- Parent Survey: **Avg score 4.1** (scale 1-5)
- CANS: ~75% report improvements at re-assessment

**Sustainability**
- Approximately **80% of services provided are billable**

**Education**
- Increasing number of providers are sharing data to monitor education outcomes.
System of Care State Plan for Youth with SED

**Goal 1: Establish Baseline Access to 3-Tiers of SBMH**
- IDT survey of GA public schools inventorying the array of SBMH services currently available across the 3-tiers

**Goal 2: Increase No. of Schools with Access to All 3-Tiers of SBMH**
- Expand Apex program to 13 additional awards in 2018-2019 school year
- IDT collaboratively develops strategies to increase the number of schools with access to 3-tiers of SBMH services

**Goal 3: Increase No. of Students Receiving SBMH Services**
- Primary data collection and secondary data analysis to assess the number of students receiving SBMH services
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